

SALADS with CHICKEN *cont.*



POLLO e GUACAMOLE

Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing



PARMA SALAD

Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing



SAL SALAD

Chicken cutlet, mixed greens, red onions & tomatoes with roasted garlic vinaigrette



DI ROSA SALAD

Chicken cutlet, mixed greens, tomatoes & goat cheese with balsamic dressing



SUSAN SALAD

Chicken cutlet, mixed greens, red onions, roasted hot peppers, roasted corn, gorgonzola & tomatoes with balsamic dressing



BISTECCHA e ZOLA

Roasted angus steak, mixed greens, cherry tomatoes, Gaeta olives, marinated red onions & gorgonzola with balsamic dressing

VEGETARIAN SALADS *cont.*



TRICOLORE

Radicchio, baby arugula, endive, Gaeta olives & shaved Parmigiano with balsamic dressing



BIETOLE

Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing



INSALATA con FUNGHI

Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing



CAESAR

Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing, choice of:

- Chicken
- Roasted Turkey
- Shrimp
- Steak

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Spring is here

SALADS



VEGETARIAN SALADS



FRUTTA SECCA

Mixed dried fruit, mixed greens, goat cheese, walnuts & honey dijon dressing



INSALATA DI PERE

Mixed greens, red pears, gorgonzola & toasted pecans with lime dressing



STAGIONE

Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing

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SALADS with SEAFOOD



GAMBERONI e GUACAMOLE

Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & roasted hot peppers with lime dressing



INSALATA di CALAMARI

Grilled calamari, mixed greens, olives, capers, sundried tomatoes & scallions with lime dressing



INSALATA di TONNO

Italian tuna in olive oil, baby arugula, roasted corn, cherry tomatoes, roasted peppers, fried capers & shredded mozzarella with lime dressing



La Bottega MINT SALAD

Grilled chicken breast, romaine hearts, walnuts, raisins, fresh mint, & gluten free quinoa with mango dressing



INSALATA di POMODORO

Grilled chicken, Iceberg lettuce, fresh tomatoes, red onions, black olives, basil & fresh mozzarella, with balsamic dressing



INSALATA di CARCIOFI

Artichoke hearts, baby arugula, grilled chicken, gluten free quinoa, fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing



ROMANA con GAMBERONI

Grilled shrimp, romaine hearts, fresh mozzarella, raisins, toasted walnuts & tomatoes with balsamic dressing



INSALATA di MANGO e GAMBERI

Roasted shrimp, fresh mango, Iceberg lettuce, cherry tomatoes & fresh mozzarella with raspberry vinaigrette



SALMONE e GUACAMOLE

Roasted salmon, mixed greens, guacamole, hearts of palm & toasted sunflower seeds with honey dijon dressing



INSALATA di QUINOA

Gluten free quinoa, grilled chicken, romaine hearts, fresh tomatoes, avocado, black olives, almonds, & cucumber with mango dressing



INSALATA di CAVOLO

Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing



INSALATA di MANGO

Chopped organic baby kale, fresh mango, grilled chicken, gluten free quinoa, cherry tomatoes, almonds & shredded mozzarella with mango dressing

SALMONE e PERE

Roasted salmon, baby spinach, endive, red pears, toasted pecans, roasted beets & cherry tomatoes with raspberry vinaigrette



AVOCADO SALAD

Grilled chicken, iceberg lettuce, shredded mozzarella, avocado, toasted almonds & cherry tomatoes with balsamic dressing



RUCOLA CAPRINO e POLLO

Grilled chicken, baby arugula, goat cheese, sundried tomatoes & toasted walnuts with balsamic dressing



RUCOLA e FARRO

Grilled chicken, baby arugula, barley, cherry tomatoes, gorgonzola, roasted hot peppers & hearts of palm with honey dijon dressing

SALADS with TURKEY



RUCHETTA con ZOLA e TACCHINO

Roasted turkey, baby arugula, endive, toasted pecans & gorgonzola with roasted garlic vinaigrette



SPINACI e TACCHINO

Roasted turkey, baby spinach, goat cheese, sautéed mushrooms, roasted corn & crispy bacon with raspberry vinaigrette



TACCHINO e AVOCADO

Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms & roasted hot peppers w/ balsamic dressing



INSALATINA di POLLO

Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing

PANINI
The New
32
SALADS

GLUTEN FREE

VEGETARIAN

VEGAN